



# PSY 101: Introduction to Psychology

## Overview

This introductory course is organized around modules that will cover the five pillars of psychology, which include the: biological pillar, cognitive pillar, developmental pillar, social and personality pillar, and mental and physical health pillar. As students progress through each learning module, they will review up-to-date and relevant content, engage in meaningful active learning exercises, and complete a knowledge check or assessment. In addition, the course culminates with students completing a psychology-based milestone project that students will find applicable to their own life, such in the workforce or their academic journey.

## What You'll Learn

- The historical roots of psychology
- The research methods used by psychologists
- The relationship between body and behavior and the mechanisms of sensation and perception and states of consciousness
- The basic theories of human development and personality
- The issues in the area of intelligence and intelligence testing
- Health psychology and factors to control stress
- The major categories of abnormal behavior
- The major therapeutic approaches used for the treatment of abnormal behavior
- The factors that influence group behavior and interpersonal relationships
- How psychology is applied in real-world situations

## How to Succeed

To be successful in this course, we recommend English language fluency and computer literacy. We also encourage you to make sure your laptop or desktop computer meets the [technical requirements](#).

## Earn College Credit

This course appears on your transcript identically to how it appears on the transcript of an enrolled ASU student.

This course satisfies 3 credit hours toward the Social-Behavioral Sciences (SB) General Studies requirement at Arizona State University. It is strongly encouraged that you consult with your institution of choice to determine how these credits will be applied.

In order to receive academic credit for this course, you must earn a grade of "C" or better. You have one year to add the course to your transcript.

## Exams and Grading

**20%**

**Assignments**

**40%**

**Discussions**

**40%**

**Quizzes**

# PSY 101: Continued

## Materials

This course makes use of open educational resources (OERs) provided within the course, **no purchase necessary**.

## Graded Assignments

Graded assignments are required and count towards your final grade. Students must submit all assignments via the course site unless otherwise instructed.

**Assignments (20%):** There are two Psychology Applied Assignments (PA) worth 20 points each. They “test” your knowledge by asking you to apply course concepts to personal experiences.

**Discussions (40%):** During module 0, you'll participate in an introductory discussion assignment worth 10 points. All other discussion assignments will be part of your Goal Setting Project (GSP). There are three GSP Discussion assignments worth 20 points each. You will provide an initial response to each GSP prompt, and you will also respond to one of your peer's responses.

**Quizzes (40%):** There is one syllabus quiz and six module quizzes. The syllabus quiz is worth eight points and each module quiz is worth 12 points. The module quizzes cover material from both the textbook and lectures. You will be given three attempts for each module quiz. Your highest scoring attempt will be kept as your final score and there is no time limit on quiz attempts. All quizzes are open-book/open-notes and must be completed by you.

## Course Communication

All communication will take place via the discussion forums and course announcement page. There will be a discussion forum where you can post general questions, comments, and direct inquiries for the instructor and course team. Please use these forums to ensure a timely response. Your instructor will not be able to respond to email.

## Additional Information

If you have questions about Universal Learner Courses and how they work, please visit [ea.asu.edu](http://ea.asu.edu) or contact our support team at [ulcourses@asu.edu](mailto:ulcourses@asu.edu).

## Instructor led Version

### Time Commitment

This is an asynchronous, online course. This means, while you will have deadlines, you do not need to be at your computer at specific times or participate in live activities.

To be successful in this class, you must view all course pages and complete all graded work by the deadlines indicated. Also, keep in mind that "attendance" in an online course means logging into the platform on a regular basis, checking for course announcements, and visiting and participating in the discussion forums.

This 3 credit, 8 week course requires about 135 hours of work. Therefore, expect to spend approximately 15-20 hours per week preparing for and engaging in this course.

### Assignment Deadlines

Your instructional team will provide all content and learning activities on or through your course site. It is your responsibility to review all content, fulfill all assignments on time, and ask any questions you have in the designated discussion area. It is also your responsibility to determine the due dates and times for all course assignments according to your time zone. Due to the large-scale format of Universal Learner Courses, late assignments will not be accepted at any point during the course, and we cannot make exceptions.

# PSY 101: Continued

## Self paced Version

### Time Commitment

The work in this course is equivalent to an eight week course but you have one year to complete it. Please plan your goals accordingly. During this year, you are encouraged to work through the course at a pace that suits your needs.

You have one year from the date you enrolled to complete the course, and you have one year from the date you complete the course to purchase your academic credit.

### Course Resets

Self paced courses cannot be reset. If you are not happy with your grade and want to take the course again, you have two options: you may take the course the next time it is offered in an instructor led format or wait until a new version of the self paced course opens at the beginning of every academic year on the first day of class in August.

### Transcript

You will be able to add the course to your transcript **six weeks after enrolling**. Although the course is self paced, course attendance dates will be listed on your transcript. After purchasing the credits, the course will appear on your transcript in the session you **completed** the course. If you are on the cusp of two sessions and need to confirm the date of completion or beginning/end of a session, please contact our support team at [ulcourses@asu.edu](mailto:ulcourses@asu.edu).